

LIGHT BITES

Tempura Piri Piri Chicken Strips (8, 5, 10)

€13.95

Tossed in a Tempura Batter served with House Salad and Sweet Chili Mayonnaise Dipping Sauce

Fisherman's Seafood Chowder (2, 4, 7, 14, 8)

Fresh Kilmore Quay Fish Tossed in a Garlic and White Wine Cream Sauce with Baby Spinach. Served with Brown Bread or Crusty Bread Rolls or GF Bread

€13.50

Kennedy's Guinness Brisket Skins (6,7,11)

€11.95

Slow Braised Brisket, Guinness Jus, Melted Applewood Smoked Cheddar with House Salad drizzled in Jalapeno Ranch

Nacho Brie (5,7,8,11)

€11.95

Breaded Nacho Wicklow Ban Brie, Sweet Tomato Relish, Crispy Leaves and a Balsamic Glaze

Mixed Bean Bruschetta (8)

€11.50

Organic Crushed Five Bean, Sweet Tomato Relish, Rocket Leaves on Charred Sourdough with Balsamic Glaze (Vegan Dish)

House made Duck Liver Paté (7,8,11)

€12.95

Fragrant Orange, Red Onion Marmalade and Golden Tossed Brioche

Chef's Soup of the Day (7, 9,8)

Served with Guinness Soda Bread or Crusty White Rolls or GF Bread

€7.95

Caesar Salad (8, 11, 5,9,13)

€13.95

Smoked Bacon Lardons, Cos Leaves, Herb Sourdough Croutons, Grated Reggiano Parmesan drizzled with House made Caesar Dressing

Add Crispy Chicken €4.00

Gourmet Sandwich €13.50 /Wrap

All Sandwiches served on Sourdough/ Guinness Soda Bread or Wraps and all served with Fries or Cup of Soup (GF Bread Available for all Sandwiches)

The Greenhouse (Vegan) (8,11)

Smashed Avocado, Roasted Cherry Tomatoes, Grilled Red Peppers, Caramelised Red Onion, Rocket Leaves, Pumpkin Seeds with Balsamic Glaze open on Toasted Sourdough

Add Brie Cheese €4.00

Captains Stack (8,7,)

Crumbed Ham, Vintage Cheddar, Sweet Wexford Tomatoes, Red Onion on Bloomers Sourdough

The Hot Hen Wrap (8, 5, 7, 9)

Crispy Chili Chicken, Red Onion, Melted Cheddar, Lettuce, Smashed Avocado with Sweet Chili Mayonnaise

Build Your Own (2, 4, 14, 8, 5, 11) Choice of 3 Fillings

Choose From the following Fillings 1. Breaded Hot and Spicy Chicken. 2. Breaded Plain Chicken. 3. Ham. 4. Cheese. 5. Lettuce. 6. Onion. 7. Tomato. 8. Roasted Red Pepper. 9. Coleslaw. 10. Poached Chicken

Open Smoked Salmon and Baby Shrimp Sandwich (4,14,5,8,11)

€15.50

With Tiger Prawns, drizzled with Marie rose Dressing Served on Guinness Soda Bread with Crispy Leaves

Open Chicken Sandwich (8,10,11)

€13.95

Chicken, Smashed Avocado, Roasted Cherry Tomatoes and Red Peppers, Rocket & Red Onion with a Honey Mustard Dressing

**Please Note all of Our Menu Options are Freshly Prepared and Cooked to Order,
Using High Quality and Locally Sourced Ingredients**

Main Course (all Dishes can be served with Mashed Potato and Vegetables)

Slow Cooked Melt in The Mouth Beef Feather Blade (8,11)

€22.95

Served on a bed of Mashed Potato, with Broccoli Tender Stems, Beer Battered Onion Rings, Beef and Thyme Jus

Butternut & Wild Mushroom Rigatoni (8, 9, 7, 5)

Rigatoni Pasta, Roasted Butternut Squash, Wild Mushrooms, Baby Spinach
Garlic Scallion Cream Sauce, Flaked Parmesan with Crusty Garlic Bread

€17.95

Add Chicken €3.00 Extra

Captain's Table Fish and Chips (2, 8, 5, 7)

€22.50

Fresh Kilmore Quay Fillet of Haddock in Light Tempura Batter with Mushy Peas,
House made Tartar Sauce, and Fries

House Made Asian Style Chicken Curry (9)

€19.95

Mixed Root Vegetables, Fresh Coriander and Chili, Fragrant Rice (Coconut Base)
with Half Rice Half Chips **(Vegan option Available)**

Grilled Fresh Catch of the Day (2,6,8)

€23.95

Please Ask Server

With Chips and Salad or Vegetables and Potatoes

Beef & Guinness Stew (7,11)

€21.50

Slow Cooked Tender Beef simmered in Guinness, Topped with Creamy Buttery Mashed Potatoes

Chili Chicken Stack (2,5,6,7,8,13)

€20.95

Pan Seared Chicken Fillet, Roasted Cherry Tomato, Triple Rice, Pickled Cabbage, Diced Avocado
Smoked Bacon, Beetroot, Thyme Peaches, Topped with Melted Nacho Brie Cheese, Drizzled
with Duo of Sauce Caesar Hot Honey Soya, Chili served in a Toasted Brioche with Fries

Side Orders

Skinny Fries	€4.95	Parmesan Fries	€5.50
Portion of Rice	€4.00	Mashed Potato	€4.00
Garlic Bread (8)	€4.00	House Salad	€4.95
Cheesy Garlic Bread (7,8)	€4.50	Mixed Vegetables	€4.50
Charred Sourdough	€4.00	Sautéed Broccoli	€4.50
Onion Rings (7,8)	€4.95		

Allergens

1 Peanuts	6 Nuts	10 Mustard
2 Fish	7 Milk	11 Sulphites
3 Sesame Seed	8 Cereals Containing	12 Lupins
4 Crustacean	Gluten, Oats, Barley	13 Soya
5 Eggs	9 Celery	14 Molluscs

Drinks Menu

WINE

Sauvignon Blanc (11)	€7.75
Cabernet Sauvignon (11)	€7.75
Pinot Grigio (11)	€7.75
Shiraz	€7.75
20 Cl Prosecco	€11.50



75cl Bottles of Wine Available Red or White
Please ask your Server €30.00

Draught Beer and Cider

Carlsberg (8) €5.95 per pint / €3.50 per half pint



Guinness (8) €5.95 per pint / €3.50 per half pint

500ml Cronin's Apple Cider €6.50

Non-Alcoholic Cronin's Cider €5.95

Minerals and Juices

Coke, Diet Coke, Coke Zero, Sprite Zero, Fanta Orange, Diet, and Coke O €3.75
Fanta Lemon €3.25

Fruice Juice Apple / Fruice Juice Orange €3.75 Lucozade Original €3.75

Children's Juice Cartons - Ribena, Orange, Apple €2.75

HOT BEVERAGES

Americano	€3.75	Regular Tea	€3.50
Decaf Coffee	€3.75	Rooibos Caramel and Vanilla Tea	€3.75
Cappuccino (7)	€4.25	Peppermint Tea	€3.75
Latte (7)	€4.25	Earl Grey Tea	€3.75
Flatte (7)	€4.25	Matcha Green Tea	€3.75
Mocha (7)	€4.25	Chamomile, Vanilla, Manuka Honey	€3.75
Espresso	€2.75	Morning Berry Tea	€3.75
Double Espresso	€4.50	Ceylon Black Decaf Tea	€3.75
Macchiato (7)	€3.50	Apple Loves Mint Tea	€3.75
Hot Chocolate (7)	€4.50	Lemongrass Ginger, Manuka Honey	€3.75

Add Vanilla/Caramel/Hazelnut syrup for 75c

